



TEAM VITALITY



JOIN US FOR A HEALTH DAY

EARN UP TO **32 000** VITALITY POINTS!



AVAILABLE AT OUR WELLNESS DAY:

- Nutrition Assessment with a Registered Dietician (includes Inbody Assessment)
- Fitness Assessment with a Biokineticist
- Health Check & HIV Screening with a Registered Nurse
- Kids Assessments

WHEN • WHERE • HOW TO BOOK?

12 February
5 March
9 April
7 May
4 June
6 August
3 September
5 November
3 December



@ Health Medical Centre
 258B Jean Avenue, Centurion
(012) 644-1003
www.dieticianathealth.co.za

Bookings at bookings@dieticianathealth.co.za or phone 082 567 6017- Angelique

