



TEAM VITALITY



JOIN US FOR A HEALTH DAY

EARN UP TO **32 000** VITALITY POINTS!

AVAILABLE AT OUR WELLNESS DAY:



- Nutrition Assessment with a Registered Dietician (includes Inbody Assessment)
- Fitness Assessment with a Biokineticist
- Health Check & HIV Screening with a Registered Nurse
- Kids Assessments

WHEN • WHERE • HOW TO BOOK?

6 February
13 March
10 April
8 May
5 June



Bookings at bookings@dieticianathealth.co.za or phone 082 567 6017- Angelique



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