



TEAM VITALITY



JOIN US FOR A HEALTH DAY



EARN UP TO **32 000** VITALITY POINTS!

AVAILABLE AT OUR WELLNESS DAY:

- Nutrition Assessment with a Registered Dietician (includes Inbody Assessment)
- Fitness Assessment with a Biokineticist
- Health Check & HIV Screening with a Registered Nurse

WHEN • WHERE • HOW TO BOOK?

29 August
5 September
3 October
7 November
5 December



Bookings at bookings@dieticianathealth.co.za or phone 082 567 6017- Angelique



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