



GENEWELL™

If you could safeguard your future health, would you?

The GENEWELL™ test screens for genetic variations that are, or may affect your health. You can reduce the susceptibility for the condition(s), by being proactive and implementing the science-based strategies recommended to you. These may vary from modest changes in your environment, your diet, and physical activity or adjustments in the nutritional supplements you take.

GENEWELL™ tests for genetic variants involved in physiological processes that are linked to an increased risk for certain (lifestyle) diseases, including:

- Blood clotting
- Bone Health
- Caffeine Metabolism
- Cancer risk
- Cholesterol and lipid metabolism
- Circadian rhythms (sleep disorders)
- Dementia
- Detoxification
- Dietary carbohydrate sensitivity
- Dietary fat sensitivity
- Drug metabolism
- Exercise responsiveness
- Heart disease
- Homocysteine metabolism
- Hypertension
- Inflammation
- Insulin sensitivity and risk for diabetes
- Iron metabolism
- Lactose Intolerance
- Oxidative Stress
- Vitamin-B metabolism
- Salt Sensitivity
- Stress and Mood Disorders (eg Depression / Anxiety)