



## GENESPORT™

Whether you are a recreational or professional sports athlete, optimise your training and athletic potential with the GENESPORT™ test.

- The genes tested will outline your genetic potential
- Preferred fuel and energy source during exercise
- Response to caffeine
- Risk for inflammation and injury
- Ability to deal with oxidative stress
- Muscle and bone composition
- Endurance and power potential
- Susceptibility to injury and Recovery time